

National and Regional Agencies CARMARTHENSHIRE

National	DAN 24/7 National free bilingual advice and information helpline.	0808 808 2234
	RELEASE Provide advice and support on drug issues as well as a 24 hour staffed legal advice service.	0845 4500215
	FRANK Free phone helpline providing help and support on issues related to drugs. English source.	0800 776600

CARMARTHENSHIRE	WEST WALES SUBSTANCE MISUSE Information, advice and counselling to users, their family and friends, and provides GP links.	01267 244442
	PRISM Open access service for people experiencing difficulties with their own or someone else's use of alcohol and drugs.	01267 231634
	SUDDS (Specialist Under 18 Drinking & Drugs Scheme) Confidential alcohol and drugs information, advice and support service for people under 18. (Part of PRISM)	01554 749434
	CHOOSELIFE Drug and alcohol intervention service, family support and drop in centre.	01544 771122



Drug Information

Class	Drug
A	Cocaine, Amphetamines (injected), Crack, Ecstasy, Heroin, LSD, Magic Mushrooms
B	Amphetamines (powder/tablets), Barbiturates, Cannabis
C	Anabolic Steroids, Tranquilizers

Penalties

Class	Possession for personal use	Possession with intent to supply	Supply
A	7 years imprisonment	Life imprisonment and/or fine	Life imprisonment and/or fine
B	5 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine
C	2 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine

