

## National and Regional Agencies CEREDIGION

<b>National</b>	<b>DAN 24/7</b> National free bilingual advice and information helpline.	0808 808 2234
	<b>RELEASE</b> Provide advice and support on drug issues as well as a 24 hour staffed legal advice service.	0845 4500215
	<b>FRANK</b> Free phone helpline providing help and support on issues related to drugs. English source.	0800 776600

<b>CEREDIGION</b>	<b>PRISM</b> Open access service for people experiencing difficulties with their own or someone else's use of alcohol and drugs.	01267 231634
	<b>SUDDS</b> <b>(Specialist Under 18 Drinking &amp; Drugs Scheme)</b> Confidential alcohol and drugs information, advice and support service for people under 18. (Part of PRISM)	01570 422344
	<b>CYSWLLT CEREDIGION CONTACT</b> Service for people with drug or alcohol, or eating disorders and for anybody affected by someone else using.	01970 626470



## Drug Information

Class	Drug
<b>A</b>	Cocaine, Amphetamines (injected), Crack, Ecstasy, Heroin, LSD, Magic Mushrooms
<b>B</b>	Amphetamines (powder/tablets), Barbiturates, Cannabis
<b>C</b>	Anabolic Steroids, Tranquilizers

## Penalties

Class	Possession for personal use	Possession with intent to supply	Supply
<b>A</b>	7 years imprisonment	Life imprisonment and/or fine	Life imprisonment and/or fine
<b>B</b>	5 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine
<b>C</b>	2 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine

