

WPSP STRAND: SAFETY
TOPIC: Personal Safety 7-9 years old

The United Nations Convention on the Rights of the Child enshrines children and young people’s rights to be protected from abuse and exploitation. All children and young people are potentially at risk of being sexually abused. Schools have a central role to play in reducing this risk. By exploring the features of safe and healthy relationships, officers can help learners to develop the skills to identify potential risks, stay safe and seek help if needed.

This lesson should be delivered as part of the school’s Relationships and Sexuality Education (RSE) programme.

Ensure that the lesson is appropriate for the needs of learners in terms of their age, maturity, language/images used, and understanding required.

This lesson is only to be delivered if a teacher is present in the classroom at all times.

Police Officers should ensure that they have discussed the content of the lesson with the class teacher and be mindful of any children who might be vulnerable to the content of the lesson.

Curriculum Wales: Statements of What Matters:	AGREE
1.Developing Physical Health and Well-being has lifelong benefits	
a) Understand the factors that affect Physical Health and Well-being	✓
b) Develop positive informed behaviours	✓
c) Encourage them to lead healthy and active lifestyles	✓
2.How we process and respond to our experiences affects out mental health and emotional wellbeing	
a) Connections between experiences, mental health and emotional well-being. Feelings and emotions are neither fixed nor consistent.	✓
b) Develop empathy, strategies to regulate emotions	✓

c) Communicate their feelings	✓
3.Our decision-making impacts on the quality of our lives and the lives of others	
a) Understand how decisions and actions impact on self, and society, now and in the future. Understand factors that influence decision making	
b) Enable learners to develop the critical thinking skills necessary to consider their decision making in terms of possible implications – including risk - for themselves and others	✓
c) Collective decision making – understand their contribution	
d) Career pathways	
4.How we engage with social influences shapes who we are and affects our health and well-being	
a) Understand the role of social influences on their lives. Rules, social norms, attitudes and values. Interaction affects our identity, values, behaviours, relationships	✓
b) Learners engage critically with this social influence	
5 Healthy relationships are fundamental to our wellbeing	
a) Understand and value how feelings of belongings and connection that come from healthy relationships have a powerful effect on health and well-being	✓
b) Recognise when relationships are unhealthy and the need to be aware of how to keep safe and seek support	✓
c) Understand they will experience a range of relationships, nurture and maintain relationships how healthy relationships are vital for a healthy body and mind allowing us to thrive.	✓
Links with United Nations Convention on the Rights of the Child (UNCRC) <ul style="list-style-type: none"> • Article 19: You should not be harmed and should be looked after and kept safe • Article 36: You should be protected from doing things that could harm you. • Article 39: Children should get special help if they have been abused. 	This resource supports schools to develop their approaches to Wellbeing and to Care, Support and Guidance as required by the ESTYN Common Inspection Framework 2017.
The Law <ul style="list-style-type: none"> • The Children Act 1989 • The United Nations Convention on the Rights of the Child 1989 (UN, 1989) was ratified by the UK on 16 December 1991. 	Safeguarding children: working together under the Children Act 2004 (Welsh Assembly Government.) Keeping Learners Safe Guidance Keeping learners safe GOV.WALES (Welsh Government, 2021)

Learning Outcomes for pupils. This lesson will help you:	<ul style="list-style-type: none"> • Understand what a trusted adult is ▪ Identify suitable trusted adults that can help and support
Resources	<ol style="list-style-type: none"> 1. Keywords 2. Friend or Foe PPT with video —Anwen’s Story 3. Scenario cards
Key words	safe, unsafe, trusted adult, secrets
Definition	Trust is the strong feeling that you can rely on someone and that they will help make sure you are safe and protected. If you trust someone, you will feel comfortable and able to tell them things.