



**Keep safe and be careful!
Don't give out personal
information such as your
address, email, phone number,
photos or password.**





Meeting someone you only know online is dangerous. Remember online friends are strangers, even if you have been talking to them for a long time. You must tell a trusted adult if someone online asks to meet with you.





**Don't accept messages
online from people you don't
know. They could contain
nasty comments.**





Someone online might lie about who they are. If you like chatting online, only chat to friends and family you know in the real world.





If someone or something makes you feel sad, worried or scared, or if you or someone you know is being bullied online, tell an adult you trust: your parent, carer, teacher or your school police officer.

