



THE ALL WALES SCHOOL LIAISON CORE PROGRAMME

Lesson Overview: It's Your Choice



STRAND:	Drug and Substance Misuse	Lesson Description: Through a variety of activities pupils learn that drugs may be legal, illegal or medicines. They develop their awareness of the dangers of illegal drugs and consider the need to make positive choices.
KEY STAGE:	UKS2	
LESSON:	It's Your Choice	

AIM

- To understand drugs may be legal, illegal or medicines and the importance of making positive choices.

PSE FRAMEWORK OBJECTIVES 2008

- To form personal opinions and make informed decisions. S (DT)
- To listen carefully, question and respond to others. S (DC)
- To resist unwanted peer pressure and behaviour. S (WVO)
- To take increasing responsibility for keeping the mind and body safe and health. R (H&E)
- To understand the harmful effects, both to themselves and others, of tobacco, alcohol and other legal and illegal substances. R (H&E)
- To understand that personal actions have consequences. R (M&S)

LITERACY ACROSS THE CURRICULUM

This lesson includes the following aspects from the literacy/ numeracy framework

- Listening - L(O)l
- Collaboration and discussion L(O)c&d
- Comprehension L(R)c
- Language L(W)la
- Identify processes and connections N(DNR)ip&c
- Review N(DNR)r

LESSON OBJECTIVES

- To understand drugs may be legal, illegal or medicines
- To know how to make positive choices
- To understand the need to make up your own mind and resist peer pressure

KEY WORDS

legal, illegal, medicine, peer pressure

RESOURCES

- Lesson PowerPoint
- Key words and lesson objectives (A3)
- Flipchart paper
- 3 plastic hoops (Alternative activity)
- Sets of sorting cards
- True False Cards
- Heading Cards
- Plain water bottle with coloured liquid (Optional)



ACTIVITIES

METHOD

- Agree classroom rules
- Clearly outline the classroom agreement about confidentiality
- Ensure links with existing knowledge are explored
- Explain and display the learning objectives and key words
- Group carousel activity
- Sorting cards activity (Alternative - hoop stations)
- Pairs activity
- Plenary continuum activity

TEACHER FOLLOW-UP ACTIVITIES

For more detailed information and resources see the teachers' section of the www.schoolbeat.org website.

