



# THE ALL WALES SCHOOL LIAISON CORE PROGRAMME

## Lesson Overview: Double Trouble



<b>STRAND:</b>	Drug and Substance Misuse	<b>Lesson Description:</b> A variety of activities is used to encourage pupils to think about the risks of drinking Alcohol. Emotive video clips present the consequences of alcohol misuse and the effects of glassing, assault and death are discussed. Pupils discover how they might reduce the risk to their personal safety and where they can go for help and advice.
<b>KEY STAGE:</b>	KS3	
<b>LESSON:</b>	Double Trouble	

### AIM

- To know the risks and consequences of Alcohol use.

### PSE FRAMEWORK OBJECTIVES 2008

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|---|---|
| ■ To consider others' views to inform opinions and make informed decisions and choices effectively. S(DT) | ■ To understand the effects of and risks from the use of a range of legal and illegal substances and the laws governing their use. R(HEW) |
| ■ To communicate confidently personal feelings and views through a range of appropriate methods. S(DC)    | ■ To develop positive attitudes to themselves and others. R(HEW)  |
| ■ Access an appropriate range of sources for help support and advice. S(WWO)                              | ■ To understand how to use Alcohol responsibly and the risks of binge drinking. R(HEW)  |
| ■ Develop respect for themselves and others. R(AC)  | ■ To understand what they believe to be right and wrong actions and the moral dilemmas involved in life situations. R(MSD)                |
| ■ Display a responsible attitude towards keeping the mind and body safe. R(HEW)                           |   |

### LESSON OBJECTIVES

- To know the risks and consequences of using Alcohol.
- To make decisions and choices effectively.
- To know where to get help, support and advice.

### KEY WORDS

Alcohol    binge drinking    spiked drinks

### METHOD

- Agree Golden Rules.
- Clearly outline the classroom agreement about confidentiality.
- Ensure that links with previous learning are discussed.
- Display and explain the learning objectives and key words.
- Introduction to include Alcohol definition.
- Picture activity to **briefly** revisit Alcohol strength and measurement in units.
- Illustrate and define Binge Drinking.
- Group work - Complete spider gram: The dangers of consuming Alcohol.
- Show 'Double Trouble' video clip/s 1 & 2 and discuss.
- "How long does it take to spike a drink?" video clip 3
- Group work - Scenarios.
- Plenary to review learning and signpost to help and support.



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### RESOURCES

- Double Trouble PPT
- Double Trouble video extracts × 3
  - Embedded in PPT
  - Available as video files
  - Available on disc
- Key words
- Values continuum strengths of Alcohol
- Alcohol, binge drinking and spiking drinks definitions
- Flipchart paper, pens
- 6 sets of scenario cards
- Law information and substance misuse help line sheet (for distribution to pupils)

### TEACHER FOLLOW-UP ACTIVITIES

For detailed information and resources for Teacher Follow-up see the teachers' section of the [www.schoolbeat.org](http://www.schoolbeat.org) website.

