



THE ALL WALES SCHOOL LIAISON CORE PROGRAMME

Lesson Overview: Hidden Hurt



STRAND:	Safety	<u>Lesson Duration:</u> Variable up to 60 minutes.
KEY STAGE:	KS3	
LESSON:	Hidden Hurt	

The United Nations Convention on the Rights of the Child enshrines children and young people's rights to be protected from abuse and exploitation. All children and young people are potentially at risk of being sexually abused. Schools have a central role to play in reducing this risk. By exploring the features of safe and healthy relationships, officers can help learners to develop the skills to identify potential risks, stay safe and seek help if needed.

The safer relationships lesson should be delivered as part of the school's PSE and sex and relationship education (SRE) programme. It should be consistent with the school's sex education policy and the agreed values framework for SRE. Ensure that the lesson is appropriate for the needs of learners in terms of their age, maturity, language/images used, and understanding required.

Further advice on teaching sensitive issues is available on the PSE website by following the link to 'teaching about sensitive issues' on

<http://wales.gov.uk/pesub/home/holisticpse/delivery/teachingsensitiveissues/?lang=en>

AIM

- To recognise and develop safe relationships with others.

PSE FRAMEWORK OBJECTIVES 2008

- To use some prior knowledge to explain links between cause and effect S (DT)
- To consider others' views to inform opinions and make informed decisions and choices effectively S (DT)
- To listen attentively in different situations and respond appropriately. S (DC)
- To begin to negotiate behavior in personal relationships S (WWO)
- To develop respect for themselves and others. R (AC)
- To understand the features of safe and potentially abusive relationships R (H&E)

LITERACY / NUMERACY

- This lesson includes the following aspects from the literacy/ numeracy framework
- L (O) speaking, (sp)
- L (O) listening (l)
- L (O) collaboration and discussion (c & a)
- L (R) comprehension (c)
- L (R) response and analysis (r & a)



LESSON OBJECTIVES

- To understand what makes a safe relationship
- To identify and understand the term domestic abuse
- To raise awareness of the support agencies which are available to the victim and the offender.

KEY WORDS

domestic abuse, psychological, physical, emotional, financial, sexual.

RESOURCES

- Keywords
- Characteristics worksheet
- Hidden Hurt ppt
- Domestic abuse definition
- DVD extract - Hidden Hurt
- Time continuum board (1 set per group)
- Sets of statements (1 set per group)
- Set of 8 A4 scenario cards
- Prompt cards
- Domestic abuse officer information.

ACTIVITIES

INTRODUCTION

- Ensure link with previous learning is explained.
- Agree Golden Rules.
- Clearly outline the classroom agreement about confidentiality.
- Explain - display the learning objectives and key words.
- As a class exercise discuss with the pupils words that describe a positive relationship
- Class feedback.

MAIN ACTIVITIES

- Discuss definition of domestic abuse
- Show DVD extract
- Using ppt. explore the 5 categories of abuse and identify examples from DVD
- Discuss warning signs and danger points in the DVD.
- Group work - making positive choices exercise
- Distribute scenario/action cards to determine the most suitable course of action to deal with the situation. Raise awareness of help and support available

REVIEW/PLENARY

- What qualities do you consider make a positive relationship?
- What is domestic abuse?
- What are the types of domestic abuse?



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- Do you understand and accept that the victims are not to blame?
- Do you know where to go to get help?
- Distribute the yellow help line cards to the pupils

SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

For more detailed information and resources see the teacher section of the website

www.schoolbeat.org

