

Resource 2e. Strategy Cards

Set privacy  
settings to  
friends only.

Be the  
appropriate age  
to use apps and  
websites.

Block anyone  
trying to  
communicate with  
you from outside  
of your friendship  
group.

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Don't meet up  
with online  
strangers.

If you do  
befriend someone  
online, tell a trusted adult,  
make sure the stranger  
knows your parent or  
carer is aware.

Switch off your  
computer web  
camera.

Resource 2e. Strategy Cards

Never send  
strangers  
photos of  
yourself.

Only use Skype  
to talk to new  
people with a  
parent or carer  
present.

Do not give  
away personal  
information  
about yourself  
online.