



# THE ALL WALES SCHOOL LIAISON CORE PROGRAMME

## Lesson Overview: New and Nasty



<b>STRAND:</b>	Drug and Substance Misuse	<b>Lesson Description:</b> Pupils discover what NPS are. Through activities and group work they learn to identify the risks and consequences of using the substances. They are given the opportunity to develop strategies to help overcome peer pressure and are signposted to sources of help, support and advice.
<b>KEY STAGE:</b>	KS3	
<b>LESSON:</b>	New and Nasty	

### AIM

To understand the harmful effects of New Psychoactive Substances (NPS) and to help you make informed choices.

### LESSON OBJECTIVES

- To know what New Psychoactive Substances (NPS) are.
- To know the law about NPS.
- To find ways to help you resist peer pressure.
- To know where to go for help and advice.

### PSE FRAMEWORK OBJECTIVES 2008

- To consider others' views to inform opinions and make informed decisions and choices effectively. S (DT)
- To use a range of techniques for personal reflection. S (DT)
- To be assertive and resist unwanted peer pressure. S (WVO)
- To understand the effects of and risks from the use of a range of legal and illegal substances and the laws governing their use. R (H&E)
- To understand the benefits of accessing different sources of information, support and advice. (H&E)
- To understand what they believe to be right and wrong actions and the moral dilemmas involved in life situations. R (M&S)

### LITERACY / NUMERACY

This lesson includes the following aspects from the literacy/ numeracy framework

- L (O) speaking (sp)
- L (O) listening (l)
- L (O) collaboration and discussion (c & a)



### KEY WORDS

New Psychoactive Substances (NPS), peer pressure, risk, consequences

### RESOURCES

- Lesson PowerPoint
- NPS definition card
- Key words
- Risky tree activity card and statements
- Photo story cards (1-5)

### ACTIVITIES

#### INTRODUCTION

- Agree Golden Rules
- Clearly outline the classroom agreement about confidentiality
- Ensure links with previous learning are explored
- Class introductory activity - Have you ever..... statements
- Explain - display the aim, learning objectives and key words

#### MAIN ACTIVITIES

- Whole class review - definition of drugs
- Definition of New Psychoactive Substances
- NPS and the Law
- Group work and class discussion: Risky Tree activity. Assessing risks and dangers
- Group carousel activity: Peer pressure, taking risks and the consequences

#### REVIEW/PLENARY

- Reviewing key points
- Re-visit questions asked at the beginning of the lesson.
- Review the lesson objectives and assess the pupils' understanding
- Signposting to help and support

#### SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

For more detailed information and resources see the teachers section of the [www.schoolbeat.org](http://www.schoolbeat.org) website