

Is this a Healthy Personal Relationship?

Statement	yes / no
When someone	
Gets jealous when their girlfriend/boyfriend talks to other boys/girls.	
Checks their partner's Facebook accounts.	
Sends their partner a text to say they love them.	
Makes you feel good about yourself.	
Sends their partner constant texts and phones them non-stop to find out where they are and who they are with.	
Threatens to hurt them self and their partner if they break up.	
Makes you feel comfortable to just be yourself.	
Never pressurises their partner to do things they don't want to do.	
Wants to spend all their time with their boyfriend /girlfriend.	
Argues about what to watch on the TV.	
Constantly checks their partner's mobile.	
Always asks their partner what they want to do before making a decision.	
Tells their partner they are stupid all the time in front of everyone.	
Listens to their partner's opinions.	
Makes their partner feel scared to disagree or to say no to things.	