



# THE ALL WALES SCHOOL LIAISON CORE PROGRAMME

## Lesson Overview: Personal Safety



<b>STRAND:</b>	Safety	<u>Lesson Duration:</u> Variable up to 60 minutes, by agreement with centre staff, dependent on whether lesson is delivered as a whole, or in parts and how pupils respond.
<b>KEY STAGE:</b>	KS3	
<b>LESSON:</b>	Personal Safety	

### AIM

- To recognise and reduce risks in everyday life.

### PSE FRAMEWORK OBJECTIVES 2008

- To consider others' views to inform opinions and make informed decisions and choices effectively. S (DT)
- To express opinions clearly and justify a personal standpoint. S (DC)
- To develop and use a range of strategies to manage anger and resolve conflict. S (WVO)
- To display a responsible attitude towards keeping the mind and body safe and healthy. R (H&E)
- To understand what they believe to be right and wrong actions and the moral dilemmas involved in life situations. R (M&S)

### LITERACY ACROSS THE CURRICULUM

This lesson includes the following aspects from the literacy/ numeracy framework:

- Speaking - L(O)sp
- Listening - L(O)l
- Collaboration & Discussion - L(O)c&d
- Reading Strategies - L(O)rs
- Comprehension - L(O)c
- Response & Analysis- L(O)r&a

### LESSON OBJECTIVES

- To raise awareness of risk situations and potential dangers that young people may face in their everyday lives and social life.
- Recognise factors affecting personal safety.
- To develop a responsible attitude towards making decisions and devise strategies for taking action in regards to personal safety.
- To avoid getting into dangerous or risky situations.

### KEY WORDS

risk, danger, coping strategies, options, assess.

### RESOURCES

- Keywords
- A4 Images of confiscated items.
- A4 Personal safety scenario cards, Set of 22. / power point



### ACTIVITIES

#### INTRODUCTION

- Optional warm up activity.
- Ensure link with the previous lesson is explained.
- Agree Golden Rules.
- Clearly outline the classroom agreement about confidentiality.
- Explain - display the learning objectives and key words.

#### MAIN ACTIVITIES

- In groups identify specific personal dangers in particular places/times of day in their local area.
- Consider factors affecting risk. As a class board blast the results.
- Class discussion: "When does personal safety become a police matter?"
- In small groups or pairs consider/or role play the choices open to them when in a variety of situations or places (scenario cards).
- Feedback as class. Class to discuss alternative strategies.

#### REVIEW/PLENARY

- Reiterate the main rules of personal safety using a medley of examples.
- Who should you inform if you are going out?
- Why shouldn't you carry valuables with you when you go out?

#### SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

See the [www.schoolbeat.org](http://www.schoolbeat.org) website for teacher follow-up activities and resources.

