



<b>STRAND:</b>	Social Behaviour & Community	<b>Lesson Duration:</b> Variable up to 60 minutes, by agreement with centre staff, dependent on whether lesson is delivered as a whole, or in parts and how pupils respond.
<b>KEY STAGE:</b>	KS4	
<b>LESSON:</b>	COW	

**AIM**

- To highlight the consequences of distractions whilst driving.

**PSE FRAMEWORK OBJECTIVES 2008**

- To take different perspectives into account when making informed decisions and choice effectively. S (DT)
- To appreciate, reflect on and critically evaluate other points of view. S (DC)
- To reflect on the roles played in group situations, including leadership. S (WWO)
- To develop respect for themselves and others. R (AC)
- To accept personal responsibility for keeping the mind and body safe and healthy. R (H&E)

**LESSON OBJECTIVES**

- To be aware of the factors involved in making effective decisions and choices.
- To have a responsible attitude towards keeping their body safe and healthy.
- To show care and consideration for others and empathise with their feelings.

**KEY WORDS**

distraction, risk, peer pressure, responsibility, guilt, consequences,

**RESOURCES**

- A4 Key Words.
- Cow PowerPoint
- Main character photographs
- Photo prompt sheet of the other people affected
- Flipchart paper and pens for mind mapping if required
- 7/10ths of a second factsheet

**ACTIVITIES**

**INTRODUCTION**

- Ensure the link with the previous lesson is explained.
- Agree Golden Rules.
- Clearly outline the classroom agreement about confidentiality.
- Explain - display the learning objectives and key words.

**MAIN ACTIVITIES**

- Board blast activity about distraction while driving
- Introductory question and answer session



- Reiterate class board blast activity about distractions while driving
- In pairs undertake the Optional Trust Exercise
- View DVD clips 1 and 2
- The Law regarding driving and the 7/10<sup>th</sup> of a second crash sequence
- Group work to identify the consequences of distraction using DVD clip 3 and 4
- Class feedback

### REVIEW/PLENARY

- Learning outcomes and exploring feelings

### SUGGESTED - TEACHER FOLLOW-UP ACTIVITIES

For more detailed information and resources for the listed activities below see the teachers section of the website

- **Introductory activity** - a Safer Driving Quiz to reinforce the School Community Police Officer delivery.
- **Accident report activity** - explores whether drink/drive crashes are accidental or not.
- **Group debate activity** - explores the previous theme through class debate.
- **Coping with the consequences** - an activity to explore the social, legal physical and emotional consequences of a car crash which could be developed as role play
- **Being a witness** - an activity to identify the most appropriate safe actions, if, pupils were to witness an accident.
- **Website activities** - exploring the theme of safety in cars and being responsible to challenge unsafe driving by young people's friends. [www.deadlymates.com](http://www.deadlymates.com) This interactive website contains sections on: Who are Deadly Mates? Who are yours? Test Track. Do something about them. Driving Safely and the Facts.
- **Quiz Sheet** - How safe a driver will you be? To encourage them to consider the fact that they will soon be driving and how much responsibility and consideration for others will they show as drives.
- **Survey** - an activity to stimulate discussion about travel habits and potential dangers.