

National and Regional Agencies BRIDGEND

National	DAN 24/7 National free bilingual advice and information helpline.	0808 808 2234
	RELEASE Provide advice and support on drug issues as well as a 24 hour staffed legal advice service.	0845 4500215
	FRANK Free phone helpline providing help and support on issues related to drugs. English source.	0800 776600

BRIDGEND	DASH Provides counselling, advice and information to people who misuse alcohol and drugs, their families and friends. Special days are reserved for working with young people.	01656 650686
	WGCADA (West Glamorgan Council on Alcohol + Drug Abuse) Provide information, support, counselling and treatment for people suffering from alcohol and drug abuse.	01656 667717



Drug Information

Class	Drug
A	Cocaine, Amphetamines (injected), Crack, Ecstasy, Heroin, LSD, Magic Mushrooms
B	Amphetamines (powder/tablets), Barbiturates, Cannabis
C	Anabolic Steroids, Tranquilizers

Penalties

Class	Possession for personal use	Possession with intent to supply	Supply
A	7 years imprisonment	Life imprisonment and/or fine	Life imprisonment and/or fine
B	5 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine
C	2 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine

