

National and Regional Agencies CARDIFF

N a t i o n a l	DAN 24/7 National free bilingual advice and information helpline.	0808 808 2234
	RELEASE Provide advice and support on drug issues as well as a 24 hour staffed legal advice service.	0845 4500215
	FRANK Free phone helpline providing help and support on issues related to drugs. English source.	0800 776600

C A R D I F F	INROADS A service for young people to obtain accurate up to date drug information, education and training. Support for young people who's offending is linked with their drug use, and provision of harm reduction education and information for families and carers.	02920 407407
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Drug Information

Class	Drug
A	Cocaine, Amphetamines (injected), Crack, Ecstasy, Heroin, LSD, Magic Mushrooms
B	Amphetamines (powder/tablets), Barbiturates, Cannabis
C	Anabolic Steroids, Tranquilizers

Penalties

Class	Possession for personal use	Possession with intent to supply	Supply
A	7 years imprisonment	Life imprisonment and/or fine	Life imprisonment and/or fine
B	5 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine
C	2 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine

