

National and Regional Agencies GWENT

National	DAN 24/7 National free bilingual advice and information helpline.	0808 808 2234
	RELEASE Provide advice and support on drug issues as well as a 24 hour staffed legal advice service.	0845 4500215
	FRANK Free phone helpline providing help and support on issues related to drugs. English source.	0800 776600

GWENT	DAYS (Drug and Alcohol Youth Support) Locally based, accessible counselling for 10-18 year-olds in Caerphilly and Blaenau Gwent areas.	0808 1687176
	CAMHS Young Peoples' Substance Misuse Service Gwent Wide - Offers a wide range of services from advice and information to alternative prescribing and inpatient detoxification, promoting positive change in serious substance misuse.	01633 436893
	Teen Challenge (Newport) A Christian organization offering positive help to young people trapped by addictions and other life controlling problems.	01633 243235



Drug Information

Class	Drug
A	Cocaine, Amphetamines (injected), Crack, Ecstasy, Heroin, LSD, Magic Mushrooms
B	Amphetamines (powder/tablets), Barbiturates, Cannabis
C	Anabolic Steroids, Tranquilizers

Penalties

Class	Possession for personal use	Possession with intent to supply	Supply
A	7 years imprisonment	Life imprisonment and/or fine	Life imprisonment and/or fine
B	5 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine
C	2 years imprisonment	14 years imprisonment and/or fine	14 years imprisonment and/or fine

