

SAFE Song

Life is filled with many dangers,
Only I can make the choice.
So let's make it clear and simple,
We'll all shout it with one voice.
Now's the time to make some choices,
To decide what I might be.
To be wise, not foolish:
Make the future safe for me.

Don't damage your body,
Don't mess up your mind.
Keep fit and keep healthy
And then you all will find
You won't get in trouble,
You won't lose your friends,
But in the end, it all depends on you

Sometimes choices aren't so easy,
Sometimes friends will turn your head.
Say no to temptation,
Think of keeping safe instead.
Picture all that life can offer,
Think of all you want to do.
Make sure you stay away from
Things that can be bad for you

Alcohol, drugs and smoking
Harm your body and mind
So keep yourself healthy
And one day soon you'll find
You'll stay out of trouble
You'll have lots of friends
But in the end, it all depends on you!

I want to be safe, I want to be free,
To enjoy all that life has in store for me.
Say no to drugs, say no to temptation.
I can handle any situation.

Alcohol, drugs and smoking
Harm your body and mind.
So keep yourself healthy
And one day soon you'll find.
You'll stay out of trouble
You'll have lots of friends
But in the end, it all depends on you!

Alcohol, drugs and smoking,
Harm your body and mind.
So keep yourself healthy
And one day you'll find.
You'll stay out of trouble

Alcohol, drugs and smoking,
Harm your body and mind.
So keep yourself healthy
And one day you'll find.
You'll stay out of trouble
You'll have lots of friends
So let's have no confusion
Be smart, be safe, be cool
Just make the right decision
Be smart! Be safe! Be cool!
SAFE



Musical accompaniments for
the song are available on
www.schoolbeat.org/rct-safe

